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Transforming school mental health through leadership, social justice and collective change.

Your Presenters: Jessica Christensen, MA

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CALLING ALL PARENTS AND CAREGIVERS!! VIRTUAL TOWN HALL

Thursday March 24 6:30-7:30 pm

https://us02web.zoom.us/j/85970403268

The East Marshall SEAL (Students Empowering and Leading) team invited Please Pass the Love to lead a virtual town hall on the topic of Basic Mental Health.

This presentation will include:

- Basic Mental Health
- Suicide prevention/intervention
- Teen stress and what to do
- Peer to Peer help
- Resources for all!
- What caregivers can do to help
- Data we collected on the rate of mental health issues experienced by East Marshall students
- Mental health warning signs and symptoms among teens

"Mental health is a big issue in our school. (SEAL) wants to help parents recognize signs of trouble and how to help their children."

Kennedy Boliver, SEAL Member

While this presentation will focus mainly on middle school and high school students, all parents and caregivers are encouraged to come listen!