

# October 2022

## Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3 No School	4 French Toast Sticks Juice Mandarin Oranges Milk	5 W.G. Cinnamon Roll Juice Dried Fruit Milk	6 Omelet Toast Juice Fruit Cocktail Milk	7 W.G. Donut Yogurt Juice Applesauce Milk
10 Assorted Mini Waffles Juice Apple Milk	11 Cereal Bar Yogurt Granola (HS only) Juice Orange Milk	12 Breakfast Burrito Juice Pears Milk	13 French Toast Snack Bread Yogurt Juice Strawberries Milk	14 Mini Cinnis Juice Banana Milk
17 Scrambled Eggs Toast Juice Applesauce Milk	18 Breakfast Pizza Juice Fruit Cocktail Milk	19 W.G. Long John Juice Peaches Milk	20 Breakfast Croissant Juice Cinnamon Apples Milk	21 Pancake Rollup Juice Pineapple Milk
24 Poptarts Juice Orange Milk	25 Biscuits & Saus. Gravy Juice Apple Milk	26 Assorted Snack Bread Yogurt Juice Strawberries Milk	27 Pancakes Juice Grapes Milk	28 Assorted Muffins Yogurt Juice Banana Milk
31 Biscuit Sandwich Juice Apple Milk				

Cereal and Yogurt offered daily as a second option for breakfast. Meals subject to change.  
This institution is an equal opportunity provider.