

Mustang Minutes



January '20

-District Office 641-498-7481

Gilman 4th-8th 641-498-7483

-Laurel Pk-3rd 641-476-3342

LeGrand 9th-12th 641-479-2785

Greetings,

The first semester is behind us and we are ready to begin semester two. In addition, we are beginning a new decade. Every new beginning means a fresh start. Students return on January 6th to begin the second semester. Certified staff will return on January 2nd and participate in two days of professional development. We look forward to the fresh start and anticipate a productive semester with students.

Recently, the individual results of the new statewide student annual assessment (ISASP) were mailed home to parents for students who were in grades 3-11 last school year. Along with the new assessments brings new learning for teachers and parents, alike. Over the next several months East Marshall staff will research and study the new methods of reports. We appreciate the patience of parents as we work to answer questions around the ISASP results. We are committed to providing accurate and knowledgeable information about the ISASP results and we appreciate your support as we dive into the new information. This year's assessments will take place in the spring.

Winter weather is upon us and occasionally poor weather conditions will occur. This is a good time of year to remind parents to update any changes to your child's home and contact information to ensure the school has the most up-to-date data when needing to communication with parents. When delays and cancellations occur, the first method of sharing information about changes in the schedule will be through the Alerts system. Any parent, student, or patron may sign up for the text messaging service at the following website, <https://www.emmustangs.org/alerts>.

I would like to make a final comment about how committed our East Marshall School District staff is to meeting the needs of our students. Educating students today is different than it was ten or twenty years ago. Many changes have occurred for the better. As we begin a new decade I look forward to be reflective along the way during the ten years. I'm confident that many changes will occur for the benefit of students across that state.

Happy New Year, and welcome to another fresh start. Set goals, and strive the make it the best ever.

As always, today is a great day to be a Mustang!

Yours in Education,

**Anthony Ryan
Superintendent**

East Marshall Elementary Board Report December 9, 2019



Congratulations to Mrs. Meyer and her 2nd grade classroom! Mrs. Meyer and her students were surprised by employees from KIX 101.1 radio station to recognize her as a teacher who goes above and beyond to help out her students. Mrs. Meyer will receive \$101 in school supplies from Central Office Supply for her classroom.

East Marshall Elementary staff and students would like to thank Steve and Loree Potash of Solon, Ohio and the Believe in Reading Fund for supporting education at East Marshall Elementary. The elementary is a recipient of a grant for \$2,996 to purchase the Really Great Reading Countdown program to support our focus on early literacy through phonological awareness and phonics.



East Marshall Middle School
December Newsletter Information



November PBIS Incentive

Students had to earn as many PBIS tickets as they could as a section, and they would earn feathers for their turkeys. The top six sections with the most feathers on their turkeys earned a variety of incentives for being Mustang STRONG. The pictures below show the students celebrating.



Paper Roller Coaster Challenge

Several East Marshall students had the opportunity to go to Central Rivers AEA in Marshalltown for the Paper Roller Coaster Challenge. Here are some images of the team and the Paper Roller Coaster. This was a competition against approximately 20 other teams. They did a fabulous job working together and creating a working roller coaster.



EMMS Winter Music Concert

4th-8th students did an excellent job of performing their Winter Concert on Thursday, December 5th in the middle school gym. Thank you to Mrs. Benzing, Mrs. Bible, and Mr. DeFields for all of their hard work and dedication as they prepared and organized the concert.

East Marshall High School School Board Report 12/3/19

1. The first semester will end on Friday, December 20th. High School students will take semester tests on Wednesday, Dec. 19th – Friday, Dec 20th.
2. East Marshall Honor Society is holding a food drive. The food will be provided to needy families in the district during the holidays and utilized in the backpack program in the elementary and middle school. It has been highly successful with 100s of items donated.
3. Mrs. Foyal-Johnson is conducting the Angel Tree activity, which provides over 20 families with gifts for kids. It has been strongly supported, with staff, students, and community organizations providing gifts.
4. FFA Fruit sales will be in this week. Sales were strong by many of the members, with over \$12,000 worth of gross sales. These funds help pay for student contests and the group's State and National Convention.
5. Large Group Speech currently has 23 students participating in 11 events. Students will be competing in the following events: Readers Theatre, Radio Broadcasting, Improv, and Ensemble Acting. Large Group Speech contest is held on Saturday January 25th.
6. Basketball and Wrestling seasons are underway, with lots of contests occurring. The Basketball team has home games on 12/3, 12/7, 12/13, 12/19, & 12/20. Wrestling has a home meet on 12/5.

Upcoming events:

- | | |
|------------------------------------|-------------------------|
| 1. HS Christmas Concert | Monday, 12/9 |
| 2. Semester Tests | Wed, 12/18 – Fri, 12/20 |
| 3. End of 1 st semester | Friday, 12/20 |
| 4. Christmas Break | 12/21-1/5 |

PHYSICAL ACTIVITY

HEALTHY HABITS TOOLKIT

WHY IS PHYSICAL ACTIVITY IMPORTANT?

Physical activity helps children keep their heart and lungs healthy, and makes their bones and muscles stronger. Children that are active tend to be healthier, which can also make them better learners. Activity can help reduce stress and help children feel good about themselves. Being active also helps prevent diseases like type 2 diabetes, heart disease, and cancer.

HOW MUCH PHYSICAL ACTIVITY DOES MY CHILD NEED?

For 2 to 5 Year Olds

At least 1 hour of play and physical activity every day. Keep activity fun!

For 6 to 17 Year Olds

At least 1 hour of physical activity every day. Most of the hour should be moderate to vigorous activity. These are activities that make your child sweat or breathe hard, like fast walking, running, swimming, bicycling, dancing or playing basketball.

Also try activities that help build muscles and bones 3 days per week. To strengthen muscles, try monkey bars, push-ups, tug of war, and climbing trees. To strengthen bones, try jumping rope, running, and playing volleyball and basketball.

QUICK TIP

If you don't have time

Make activity part of your day. Take the stairs more often or walk around the store before shopping. Activity can be done for even 10 minutes at a time.

If your child doesn't like sports

Help your child to try other activities like dancing, bicycling, swimming and walking. Do volunteer work or find a friend to be an "activity buddy."

If you can't be outside

Stay inside and dance to music or make games with active toys like balls, hula hoops, and jump ropes. Go to a rec center or fit in activity at school.

PARENTS - JOIN THE ACTIVITY!

- Play with your child at home
- Go for walks as a family
- Help your child sign up for a sport or dance team
- Teach your child about your favorite activities



Source: <http://www.iowahealthieststate.com/resources/individuals/5210/>Source:

String Board Social



East Marshall Booster Club

The Booster club will be bringing back our craft social night. This February, we are offering a stringboard social night. Come join us for snacks, socializing, and producing a stringboard, like the one above. Bring your own beverages. \$45 per person, sign-up deadline is Wednesday, Jan. 29th. To sign up contact: Kbauder@e-marshall.k12.ia.us.

[Wednesday, February 12th @ 6:30 PM]

String Art by Elizabeth Mehlert

[Ferguson Community Center-
2887 290th St
Ferguson, Iowa 50078]

March 7th



East Marshall Booster Club Fundraiser

3rd annual East Marshall Booster Club SPRING EVENT fundraiser. You DON'T WANT TO MISS OUT!! We will be changing it up this year with entertainment! Comedian Nathan Timmel will start the show and we will conclude the night with Grand Marshall. Tickets are \$50 per person (meal included). The schedule: Social Hour 5-6 PM, Silent Auction 5pm - 8pm, a meal from Iowa Outlaw 6-7pm, Nathan Timmel from 7-8, and Grand Marshall from 8:30-10.

Runner Seed Building
10787 E 116th N Gilman, 50106

Project Goals & approximate amount:

1. Improved branding of, in and around our schools

Questions:
319-560-8715
kbauder@e-marshall.k12.ia.us



January 2020 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
		1 No School	2 No School	3 No School
6 Biscuits & Gravy Juice Apple	7 French Toast Sticks Juice Orange	8 W.G. Cinnamon Roll Juice Cinnamon Apples	9 Omelet Toast Juice Fresh Citrus Fruit Cup	10 W.G. Donut Yogurt Juice Mandarin Oranges
13 Mini Waffles Juice Peaches	14 Cinnamon Toast Cereal Bar Juice Pineapple	15 Breakfast Pizza Juice Applesauce	16 French Toast Snack Bread Juice Grapes	17 Apple OR Cherry Frudel Juice Banana
20 Cereal Yogurt Juice Pears	21 Breakfast Pizza Juice Peaches	22 Breakfast Croissant Juice Applesauce	23 W.G. Long John Juice Mandarin Oranges	24 Pancake Rollup Juice Blueberries
27 Mini Bagels Juice Fruit Cocktail	28 Breakfast Bar Toast Juice Pineapple	29 Assorted Snack Bread Juice Strawberries	30 Mini Pancakes Juice Banana	31 Assorted Muffins Yogurt Juice Pears

Nutritional information available upon request
Milk is also offered for breakfast
Meals are subject to change
This institution is an equal opportunity provider

January 2020 Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
		1 No School	2 No School	3 No School
6 Crispito W / Cheese Lettuce Salad Diced Tomatoes Sidekicks Frozen Juice Apple	7 Cheese Pizza Green Beans Sliced Cucumbers Baby Carrots Cinnamon Apples Orange	8 Bbq. Ribette / Bun Lettuce Salad Cauliflower Bites Celery Sticks Fruit Cocktail Fresh Citrus Fruit Cup	9 Hot Ham & Cheese / Bun Tator Tots Lettuce Salad Garbanzo Beans Pears Mandarin Oranges	10 Chicken Alfredo Garlic Bread Seasoned Peas Baby Carrots Fresh Broccoli Applesauce Peaches
13 Mustang Cheese Bread W / Sauce Green Beans Baby Carrots Pineapple Apple	14 Chili W.G. Cinnamon Roll Corn Sliced Cucumbers Cauliflower Bites Sidekicks Frz. Juice Peaches	15 Hotdog / Chilidog / Bun Baked Beans Baby Carrots Green Peppers Mandarin Oranges Applesauce	16 Chicken Patty / Bun Steamed Broccoli Lettuce Salad Sliced Cucumbers Banana Grapes	17 Walking Taco Shr. Cheddar Refried Beans Lettuce Salad Diced Tomatoes Orange Pears
20 Sloppy Joe Green Beans Lettuce Salad Fresh Broccoli Peaches Pears	21 Chicken Nuggets Mashed Potatoes Celery Sticks Baby Carrots Applesauce Pineapple	22 Shredded Pork / Bun Baked Beans Lettuce Salad Baby Carrots Mandarin Oranges Grapes	23 Breaded Cheese Sticks W / Sauce Cooked Carrots Sliced Cucumbers Lettuce Salad Blueberries Apple Sugar Cookie	24 Spaghetti Garlic Bread Lettuce Salad Cauliflower Bites Fruit Cocktail 100% Juice Cups
27 Tator Tot Casserole Bread & Butter Sand. Green Beans Baby Carrots Pineapple Apple	28 Chicken Tetrizzini W.G. Roll Garbanzo Beans Baby Carrots Celery Sticks 100% Juice Cups Orange	29 Crispito W / Cheese Lettuce Salad Diced Tomatoes Cauliflower Bites Cinnamon Apples Strawberries	30 Breakfast Pizza Little John Donut(EL&MS) Yogurt Fresh Broccoli Baby Carrots Mandarin Oranges Banana	31 Cheeseburger Meatloaf /Bun Corn Celery Sticks Sliced Cucumbers Peaches Pears

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JANUARY

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			1	2	3	4
5	6 JH Boys BB Begins Practice	7 4:00 JV GBB @ State Center 5:00 JV BBB @ State Center 6:15 Var GBB @ State Center 7:30 Var BBB @ State Center	8	9 6:00 JV/V WR @ Tiffin -Clear Creek Amana HS	10 4:30 JV GBB vs Grundy Center 4:30 JV BBB vs Grundy Center 5:30 Fr/So BBB vs Grundy Center 6:15 Var GBB vs Grundy Center 7:30 Var BBB vs Grundy Center	11 8:00 JV WR @ Van Horne 9:30 Var WR @ Van Horne
12	13 JV WR Tourn @ Conrad	14 4:30 JV GBB vs South Hardin 5:30 JV BBB vs South Hardin 6:15 Var GBB vs South Hardin 7:30 Var BBB vs South Hardin	15	16 4:15 JH BBB @ Aplington 6:15 JV/V WR @ Waterloo-Columbus HS	17 4:30 JV BBB vs Union-LaPorte City 5:30 Fr/So BBB vs Union-LaPorte City 6:15 Var GBB vs Union LaPorte City 7:30 Var BBB vs Union LaPorte City	18 7:00 EM Booster Club Tourn - Boys Tourn 9:30 Var WR @ Hudson
19 7:00 EM Booster Club Tourn - Girls Tourn	20 4:15 JH BBB vs BCLUW 6:00 JV/V BBB vs Belle Plaine	21 4:15 JH BBB @ Wellsburg-AGSWR 7:00 NICL Vocal Festival @ State Center	22	23 6:00 JV/V BBB @ Maxwell-Collins Maxwell HS 6:15 JV/V WR @ Wapsie Valley	24 4:00 JV GBB @ Reinbeck 5:00 JV BBB @ Reinbeck 6:15 Var GBB @ Reinbeck 7:30 Var BBB @ Reinbeck	25 District Large Group Speech Contest 9:00 JV/V WR Tourn @ LeGrand
26 10:00 Little Kids Wrestling Tournament	27 IHSMA Jazz Band Festival 4:15 JH BBB @ State Center	28 6:15 JV/V WR vs Union & Denver	29	30 4:15 JH BBB vs Gladbrook-Reinbeck 4:30 JV NICL WR Tourn @ Conrad 4:30 JV GBB vs Iowa Valley 5:30 JV BBB vs Iowa Valley 6:15 Var GBB vs Iowa Valley 7:30 Var BBB vs Iowa Valley	31 Coaches vs Cancer Night 4:30 JV GBB vs AGWSR 5:30 JV BBB vs AGWSR 6:15 Var GBB vs AGWSR 7:30 Var BBB vs AGWSR	

Mustang Minutes

East Marshall Community School District
204 West Center Street
Gilman, IA 50106

East Marshall Community School District does not discriminate based on race, color, creed, religion, national origin, sex, gender identity, age, disability, marital status, sexual orientation, physical attributes, physical or mental ability or disability, ancestry, political party preference, military affiliation, socioeconomic status, or familial status. Inquiries or grievances may be directed to Equity Coordinator, PO Box 159, Gilman, IA 50106, (641) 498-7481 or the U.S. Equal Employment Opportunities Commission, 500 West Madison Street, Suite 2000, Chicago, IL 60661.