

Mustang Minutes



AUGUST 2018

~District Office: 641-498-7481~

~Laurel PK-3rd: 641-476-3342~

~Gilman 4th-8th: 641-498-7483~

~LeGrand 9th-12th: 641-479-2785~

Greetings,

Welcome back to another school. A school year that is promising to be one of the best yet! Each year we look forward to having the students return back from summer break. As educators, we believe helping students is the best part of our job.

Several new staff members have been hired since last May. We welcome each of the new staff to our Mustang Strong team. New certified staff will be reporting to the district on August 17th for new staff orientation.

Over the summer, the DLT (District Leadership Team) has worked on prepping and planning for the upcoming school year. Academics are a high priority at East Marshall Schools. In addition, ongoing instructional coaching is vital in any profession. This fall, all of the East Marshall certified staff will attend Professional Learning Community trainings, also known as PLCs. This is a great opportunity for our staff. Typically, a school district will send small groups of teachers to larger metropolitan areas to experience the PLC training and bring back ideas through a piecemeal approach. East Marshall Schools has decided to use funds that the state of Iowa earmarked for professional development for formal PLC training for all our teachers, veteran and new alike. This training will occur on the East Marshall campus. This ongoing commitment will carry over to the instructional environments in the classrooms, and there will be PLC support from the trainers throughout the school year. We would like to thank our DLT and Board of Education for supporting this opportunity for improvement and growth.

There have been many changes in legislature that impact education over the last couple years. Some of the changes that directly impact academics and assessments occurred without a lot of attention and focus from the media. We are still working through the changes at the local level. Some of these changes that occurred will impact Iowa Assessment dates for the annual testing. We will keep you posted as we work through the transitions. As always, feel free to reach out to any administrator if you have questions.

I look forward to another great school year working with staff, students, parents, and community members. We have a great school system to be proud of and to support. We value the input and suggestions of community members. Contact information and telephone numbers are posted on the district website, as well as in handbooks. In the event of an emergency or an important School Alert message, any patron who receives text messages by phone can sign up for School Alerts. If you are interested in this method of communication, you can register your phone number by referencing the following web link, <https://www.emmustangs.org/alerts>. All weather related early outs and dismissals will be sent by this alert system. We encourage all parents, students, and patrons with texting options to sign up for the notification services. In addition, I urge all parents and guardians to update their contact information in JMC. It is vital that the school district has the most up to date contact information for all parents and guardians in the event of an emergency.

On a final note, I wish each of you a wonderful August. Please make some time during August to enjoy the summer time weather. Before we know it, school will be in session and the fall weather will be knocking on our front doors.

As always, today is a great day to be a Mustang!

Yours in Education,

Anthony Ryan
Superintendent

Free and reduced information is available at
https://www.emmustangs.org/media/registration/Free_Reduced.pdf

EAST MARSHALL COMMUNITY SCHOOL 2018-2019 FEES

PreK-3 rd Grade Breakfast		\$1.60
PreK-3 rd Grade Reduced Breakfast	*	\$.30
PreK-3 rd Grade Lunch		\$2.30
PreK-3 rd Grade Reduced Lunch	*	\$.40
4 th - 8 th Grade Breakfast		\$1.60
4 th - 8 th Grade Reduced Breakfast	*	\$.30
4 th - 8 th Grade Lunch		\$2.35
4 th - 8 th Grade Reduced Lunch	*	\$.40
High School Breakfast		\$1.60
High School Reduced Breakfast	*	\$.30
High School Lunch		\$2.40
High School Reduced Lunch	*	\$.40
2 nd Entrée 4 th -12 th Grade Breakfast		\$1.50
2 nd Entrée 4 th -12 th Grade Lunch		\$1.75
Extra Milk		\$.50
Adult Breakfast		\$2.15
Adult Lunch		\$3.70
Extra Adult Salad or Entrée		\$1.95
PreK-K Snack (Milk)		\$.50
BOOK FEES		
K-3 rd Grade Book Fee		\$30.00 per semester/\$60.00 per year
K-3 rd Grade Reduced Book Fee		\$12.00 per semester/\$24.00 per year
4 th - 8 th Grade Book Fee		\$37.50 per semester/\$75.00 per year
4 th - 8 th Grade Reduced Book Fee		\$15.00 per semester/\$30.00 per year
High School Book Fee		\$42.50 per semester/\$85.00 per year
High School Reduced Book Fee		\$17.00 per semester/\$34.00 per year
Activity Tickets		
Student		\$80.00
Adult		\$90.00
Senior Citizens (Age 65 or older)		\$50.00
Punch Ticket (10 Punches)		\$40.00

*Pending State Notification

Approved 4/19/18

**EAST MARSHALL COMMUNITY SCHOOL
2018-2019 FEES**

Technology Deposit 8th – 12th	\$50.00 (refundable)
Yearbooks	
High School (increases to \$60.00 November 1 st)	\$50.00
Middle School	\$20.00
Elementary	\$20.00
Music	
School Owned Instrument – High School	\$35.00
Reduced School Owned Instrument – High School	\$15.00
School Owned Instrument – Middle School	\$30.00
Reduced School Owned Instrument – Middle School	\$12.00

Pioneer Days

Saturday August 25th

Pancake/Burrito Breakfast

Hosted by: East Marshall Booster Club



FREE WILL DONATION

7:00 AM- 10:00 AM
Le Grand Community Center

DISTRICT REVITALIZATION COMMITTEE MEMBERS NEEDED

East Marshall Patrons:

Last fall correspondence began with Rep. Dean Fisher regarding school funding and what we (East Marshall CSD) could do to revitalize our district. The consensus is that we need to bring more families into and back to the district.

Many local businesses have contacted the school and are looking for skilled workers. If our district had available housing options, we know people would move into the district. It would be great if these workers and their families lived in the East Marshall district and had their children attend East Marshall! We believe this is possible and want our patrons to consider taking part in this process.

Representative Fisher shared some great ideas and helped identify people and groups that could serve on a district revitalization committee. Representative Dean Fisher, Supt. Tony Ryan and Marty Wymore from the Region Six Planning Commission and Trent Taylor met to discuss how to address the following goals.

- a) Sustainability of the district
- b) Create quality & affordable housing

To achieve these two goals, there would need to be extensive community involvement from a variety of stakeholders. The district is looking for influential patrons who meet these criteria:

- a) She/He believes the goal is realistic and obtainable
- b) Is willing to see the project to sustainability
- c) Is influential – people will listen to them
- d) Is trusted and respected by members of our communities
- e) She/He have contacts with influential business, investors, landowners, etc.
- f) She/He understands the concerns local governments may have with this project
- g) She/He will listen & understand the concerns of patrons to gain community support and buy-in to the risks of this project

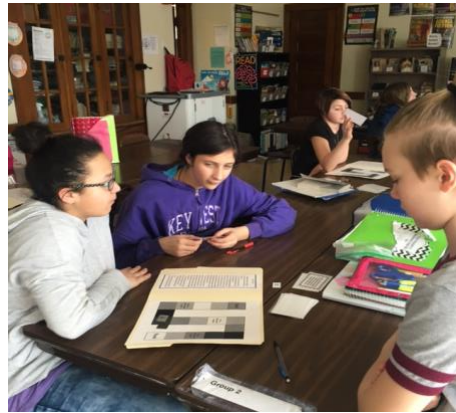
The plan is to generate a list of people from our communities and school district to provide the leadership necessary to reach the two identified goals. If you want to be involved with this initiative or have questions about what is being discussed, please send your questions and contact information (phone #, email address, and mailing address) to Trent Taylor at ttaylor@e-marshall.k12.ia.us.

MIDDLE SCHOOL PBIS

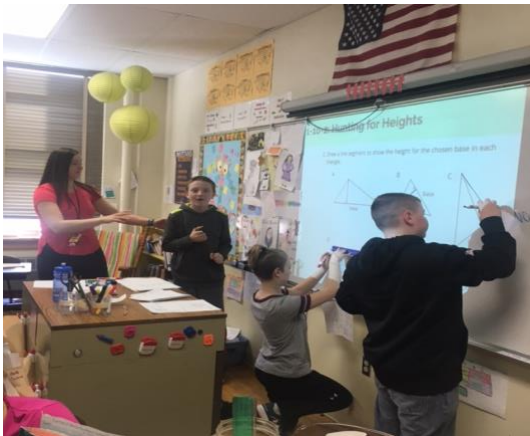
East Marshall Middle School has been using the Mustang STRONG as a foundation while implementing PBIS (Positive Behavior Interventions and Supports). STRONG focuses on Safety, Teamwork, Respect, Opportunity, No Excuses, and Goal Oriented. The staff at the middle school acknowledge when students are showing these traits by giving the students a ticket. Tickets can be used to purchase items from the school store. There is a weekly drawing that allows for the opportunity to win items also. PBIS has been recognized during assemblies to encourage and recognize student achievements. Below are pictures of 6th grade students promoting STRONG as they work with peers in groups. The PBIS team will continue training to assist with the implementation of PBIS for the 2018-2019 school year.



Plays about Social Studies lessons



Book Club activities



Math exercises



Science explorations

KICK OFF TO HOMECOMING 5K

When: Sunday September 23rd

Where: Begin at EM High School

Time: 5:00

Cost:

- Race & T-shirt \$20
 - T-shirt \$12
 - Race \$15
- 12 and under Race & T-shirt \$15.00
 - 12 and under T-shirt \$12
 - 12 and under Race- \$10

Register: by September 10th to ensure a t-shirt
Please get forms from kbauder@e-marshall.k12.ia.us

Mail to: EM Booster Club Po Box 419, Iowa 50142



Sponsored by East Marshall Booster Club

Kick-off to HOMECOMING 2018 5K Run/Walk

September 23rd ♦ High School ♦ Le Grand ♦ 5:00 p.m.

This is open to everyone and every age. The race will begin and end at the high school. The proceeds from the 5K will go towards the East Marshall Booster Club.

YOU CAN GET A T-SHIRT AND NOT PARTICIPATE IN THE 5K. PLEASE STILL FILL OUT THE FORM BELOW FOR A T-SHIRT.

One registration form is required per participant.
Please send to the EM Booster Club: **PO Box 419 Le Grand, IA 50142**
By: **September 10th** to ensure a t-shirt
Late registrations still accepted, but they may not receive a t-shirt

I plan to: ___ Run ___ Walk

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Age _____ Gender _____

T-Shirts will be provided to all pre-registered runners. Those registering on race day will receive shirts on a first-come first-served basis. Available sizes are:

YOUTH: S M L ADULT: S M L XL XXL (Circle One)

Payment (please mark one)

- Race & T-shirt \$20 _____
- T-shirt \$12 _____
- Race \$15 _____
- 12 and under Race & T-shirt \$15.00 _____
- 12 and under T-shirt \$12 _____
- 12 and under Race- \$10 _____

___ Enclosed is my payment for \$_____ payable to the East Marshall Booster Club % 5K

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ Date _____

Parent or Guardian if under 18 _____

Understanding the lunch and breakfast lines:

What is Offer vs. Serve?

Offer vs. Serve or OVS is a concept that applies to menu planning and the meal service. OVS allows students to decline some of the food offered in a reimbursable lunch or breakfast. The goals of OVS are to reduce food waste and permit students to choose the foods they want to eat.

Each day, the K-12 students are offered a lunch containing all five food components. The five components are : meat/ meat alternate, grain , fruit, vegetable, and milk. Out of the five components offered to the students, they must choose at least three of the components for their meal, and one of the components **MUST** be a fruit or vegetable.

At breakfast, students will be offered at least four items from the three required components which are : fruit, grain , and milk. A food item is a specific food offered within the three components. The student must select at least three food items, including at least $\frac{1}{2}$ cup of juice or fruit for a reimbursable meal. Example breakfast offered : Cereal , Yogurt , Juice , Fruit , and Milk . Five food items are offered, at least three items chosen and one **MUST** be the fruit or juice.

Packing your Lunch

When packing a sack lunch for your child, keep in mind that good nutrition is an important part of their education.

Choose items containing whole grains such as sandwiches made with lean meats on whole grain bread and items low in fat and cholesterol – skim or low-fat yogurt or string cheese. Fresh fruits and vegetables are a good choice for adding fiber and vitamins to your child's diet. Avoid high sugar products. Soda pop is not allowed in sack lunches. You may choose 100% fruit juices, water or low-fat milk.

Research shows that students who skip breakfast have shorter attention spans and don't do as well on tests. Make sure your youngster gets up in time to have a nutritious breakfast either at home or at school.



August 2018

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23 W. G. Long John Juice Apple	24 Pancake Rollup Juice Pineapple
27 Mini Bagels Juice Pears	28 Scrambled Eggs Toast Juice Watermelon	29 Blueberry or Banana CC Snack Bread Juice Applesauce	30 Mini Pancakes Juice Strawberries	31 Chocolate Chip or Blueberry Muffin Yogurt Juice Banana

Nutritional information available upon request
Milk is also offered for breakfast
Meals are subject to change
This institution is an equal opportunity provider

August 2018

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23 Soft Shell Taco Shr. Cheddar Refried Beans Lettuce Salad Salsa w / Chips Apple Sidekicks Frozen Juice	24 Breaded Cheese Sticks W / Sauce Cooked Carrots Fresh Broccoli Lettuce Salad Pineapple Pears Assorted Sherbet
27 Grilled Chicken Brown Rice Lettuce Salad Cauliflower Bites Watermelon Cantaloupe	28 Meatball Sub Corn Garbanzo Beans Lettuce Salad Applesauce Peaches	29 Grilled Cheese String Cheese Tomato Soup Sliced Cucumbers Baby Carrots Grapes Strawberries	30 Breakfast Pizza Yogurt Baby Carrots Celery Sticks Green Peppers 100% Juice Cup Banana	31 Orange Chicken Brown Rice Fresh Broccoli Baby Carrots Mandarin Oranges Pineapple

Nutritional information available upon request
 Milk is also offered for lunch
 Meals are subject to change
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Mustang Minutes

East Marshall Community School District
204 West Center Street
Gilman, IA 50106

Thursday, August 23

1st Day of School (one hour early dismissal)

East Marshall Community School District does not discriminate based on race, color, creed, religion, national origin, sex, gender identity, age, disability, marital status, sexual orientation, physical attributes, physical or mental ability or disability, ancestry, political party preference, military affiliation, socioeconomic status, or familial status. Inquiries or grievances may be directed to Equity Coordinator, PO Box 159, Gilman, IA 50106, (641) 498-7481 or the U.S. Equal Employment Opportunities Commission, 500 West Madison Street, Suite 2000, Chicago, IL 60661.